FOUNDATION TRAINING IN BOTULINUM TOXIN AND DERMAL FILLERS

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DENTAL & FACIAL AESTHETICS

CPD log sheet

You can use this page to record the time you spend reading the papers in the folder.
These hours will count as general (i.e. non-verifiable) CPD hours.

DATE	ARTICLE No.	TIME SPENT	NOTES/COMMENTS

Total CPD hours _____

Day 1. Foundation in Botulinum Toxin

Program of the day:

Registration	8:30	AM
Lecture	9:00	AM
Coffee break	10:15	AM
Lecture – part 2	10:30	AM
Demonstration	12:00	AM
Lunch	12:30	PM
Hands-on Session	13:30 – 17:00	PM

Learning Objectives:

- Botulinum Toxin History and Pharmacology
- Toxin Reconstitution, Storage and Disposal
- Patient assessment, medical history, informed consent, photography and record keeping
- Facial and Injection Anatomy
- Clinical Applications and Recommended Doses
- Injection techniques for:
    - Glabella Frown Lines
    - Horizontal Forehead Lines
    - Crow's Feet
    - Brow Lift
    - Bunny Lines
- Indications and Contra-indications
- Managing Expectations, Predicting outcomes and Solving Complications
- Insurance, Ordering Products and Equipment
- Marketing and Legislation
- Integrating and Growing Medical Aesthetics in your Clinical Practice
- Practical Session Demontration
- Practical Hands-on session under supervision

Day 2. Foundation in Dermal Fillers

Program of the day:

Registration	8:30	AM
Lecture	9:00	AM
Coffee break	10:15	AM
Lecture – part 2	10:30	AM
Demonstration	12:00	AM
Lunch	12:30	PM
Hands-on Session	13:30 – 17:00	PM

Learning Objectives:

- Facial and Injection Anatomy
- Ageing Process and Physiological changes
- Product knowledge and Science
- Patient assessment, medical history and consent form
- Indications and Contra-indications
- Injection techniques for:
    - Midface restoration
    - Beginner Lip
    - Nasolabial folds treatment
    - Marionette folds
    - Oral commissures

- Avoiding Complications
- Managing Expectations, Predicting outcomes and Solving Complications
- Legal Perspectives
- Integrating and Growing Medical Aesthetics in your Clinical Practice
- Practical Session Demontration
- Practical Hands-on session under supervision